



teensavers<sup>®</sup>  
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## The TeenSavers<sup>®</sup> Home Drug Test Kit Complete Test Instructions

A simple, easy to use, confidential drug test for use in the home.  
Be sure to read all instructions in this handbook before use



## Indications For Use:

The TeenSavers® Home Drug Test Cup is an in vitro diagnostic test for the rapid detection of up to 12 of the following drugs in human urine.

<b>Drug (Analyte)</b>	<b>Cutoff</b>	<b>Device Code</b>
THC (Marijuana)	50 ng/mL	THC
Cocaine	300 ng/mL	COC
Amphetamine	1000 ng/mL	AMP
Methamphetamine	1000 ng/mL	MET
Opiates	2000 ng/mL	OPI
PCP	25 ng/mL	PCP
Barbiturates	300 ng/mL	BAR
Benzodiazepines	300 ng/mL	BZO
Methadone	300 ng/mL	MTD
Oxycodone	100 ng/mL	OXY
MDMA	500 ng/mL	MDMA
Tricyclic Antidepressants	1000 ng/mL	TCA

This test is intended for over-the-counter (OTC) consumer use as the first step in a two step process to provide consumers, including but not limited to concerned parents, with information concerning the presence or absence of the above stated drugs or their metabolites in a urine sample. Information regarding confirmatory testing- the second step in the process, is provided in the package labeling.

Tests for prescription drugs will yield preliminary positive results when prescription drugs are ingested, even at or above therapeutic doses. There are no uniformly recognized drug cutoffs for barbiturates, benzodiazepine, tricyclic antidepressant in urine. The multi-drug of abuse urine test device shows the drug was or was not present at the cutoff level. This test provides only a preliminary result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas Chromatography / Mass Spectrometry (GC/MS) or High Performance Liquid Chromatography (HPLC) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are obtained.

***Caution:***

Drug Testing involves a 2 step process:

- 1) A preliminary screen result.
- 2) A confirmation test performed in a lab.

The TeenSavers® Home Drug Test Kit provides only the initial preliminary screening result. It will be necessary to confirm a presumptive positive result in a lab to conclude a test is positive. We hope that this kit and the information it provides will stimulate honest and candid discussions about the use of drugs.

## Step by Step Instructions

### Contents of the TeenSavers® Home Drug Test Cup:

The TeenSavers® Home Drug Test Kit is a self contained easy to use urine drug test containing:

- 1) Complete Test Instructions and Handbook
- 2) Parental Support Guide including answers to common questions.
- 3) TeenSavers® Home Drug Test Cup (with affixed temperature strip) in foil pouch.
- 4) Confirmation Identification Label with unique specimen ID number.
- 5) Plastic Transport Bag
- 6) Pre-addressed mailer for confirmation testing.

### Materials Needed but Not Provided:

- 1) Timing Device (timer, clock, watch, etc.)

### Performing the TeenSavers® Home Drug Test Cup Procedure

The TeenSavers® Home Drug Test Cup is designed to use with urine specimens. Fresh urine does not require any special handling. Test cup and urine samples, should be fresh or at room temperature prior to testing. Do not open foil pouch until ready to perform the assay.

## **Collection Procedure:**

- Step 1: Remove all kit contents from box.
- Step 2: Read the Complete Test Instructions Handbook and Parental Support Guide.
- Step 3: Remove the TeenSavers® Home Drug Test Cup from the sealed foil pouch. Give TeenSavers® Home Drug Test Cup (with affixed Temperature Strip) to donor.
- Step 4: Be careful to remove anything from the bathroom that could be added to the specimen. Things that may interfere with the test include: soap, bleach, vinegar, salt, or tap/toilet water. If this is a test on your child, you may want to be in the bathroom with your child to prevent any tampering with the sample.
- Step 5: Allow donor to provide at least 30 mL of urine (about 1/3 full).
- Step 6: Read specimen temperature using the temperature strip affixed on the backside of the test cup within 5 minutes. A green color dot on the strip indicates the specimen temperature. The temperature of newly collected human urine specimen should read between 90°-100° F. If no reading is present, temperature is out of range and sample should be discarded. A new sample should be collected with a new kit.

## **Reading the Results:**

Negative results may be read as soon as 2 pink lines appear. For positive results, read result within 4 to 5 minutes after providing urine sample. Do not read result after 5 minutes. If the test is left standing more than 5 minutes, the intensity of the colored lines may change.

**Negative** – Presence of 2 rose pink lines (any intensity). One line is present in the control region and another line is present in the test region for each drug. A FAINT line indicates a negative result.

**Presumptive Positive (send to Lab)** – Presence of a 1 line in the control region and NO LINE is present in the test region. Read at 5 minutes. This is a preliminary result. More than one test may be a presumptive positive.

**Invalid** – No control line is present. The control line should always be present whether or not the test result is positive or negative. If the control line is not present after the test, the result is invalid.

**Do not use the invalid test result. Use another device to retest. If problem persist, contact our customer service at 866-728-7833.**

## Interpretation of Results



### Negative:

Two Colored Lines in the Control and Test Region



### Negative:

Line in Control Region, and Faint line in Test Region



### Positive:

One Colored Line in the Control Region



### Invalid:

No Colored Line in Control Region with or without a line in Test Region

← Control Region

← Test Region

## Limitations of the Test

Remember this is only the first step of a 2 step process (see below for confirmation procedure). See below to “Send a Sample to the Lab for Confirmation”.

Step 1 - Preliminary screening to identify negatives

Step 2 - Confirmation in a lab for all non-negatives (presumptive positives)

If you get a presumptive positive test result, when you use this product, we recommend that you send the urine to a Certified Laboratory, which can test the urine again with a more accurate and reliable test. The second test is called gas chromatography/mass spectrometry or GC/MS.

We recommend that you consult with a counselor, doctor, or another qualified professional to help you understand the test results and to address problems such as drug abuse. Positive results for some drugs may be caused by prescription drug use.

Only Urine can be used.

The ID number is required to obtain confirmation results.

Some over the counter drugs or other prescription drugs may cause a false positive result on this preliminary screening test. Confirmation at the laboratory is necessary to eliminate these interfering substances.

Some prescription drugs (for example, narcotics) may cause a positive result.

Adulterated specimens (where something that is added to the urine) may cause an inaccurate result.

This test has no chain of custody and cannot be used for legal (forensic) purposes.

We recommend counseling by a qualified substance abuse counselor to aid in understanding the test results.

## **To Send a Sample to the Lab for Confirmation**

- 1) If result of preliminary test is non-negative (presumptive positive), tightly reseal the test cup with collected urine sample. Be sure to screw on cap securely in order to prevent leaking of specimen.
- 2) Mark off the drug(s) that tested positive on the confirmation identification label.
- 3) Affix this ID label on the test cup and also to this handbook in order to obtain results.
- 4) Seal test cup inside of the plastic transportation bag, place test cup into pre-addressed shipping box and mail to:

TeenSavers® Laboratories  
1100 California Avenue  
Bakersfield, CA 93304

- THIS MAILER IS NOT PRE-PAID. You must affix postage. Drop pre-addressed shipping box with POSTAGE into any mailbox.

## **Obtaining Confirmation Results:**

- Step 1: Retain Complete Test Instructions Handbook with ID number affixed to page 11.
- Step 2: Allow 7-10 working days for processing if sent via US Postal Service
- Step 3: Obtain Confirmation Results by calling our toll free number 866-728-7833 or by logging on to [www.myteensavers.com](http://www.myteensavers.com). Retain the specimen ID number which you affixed to the designated area of this Handbook.
- Step 4: If you need further results interpretation or counseling, please call our customer service at our 866-728-7833.

## **Customer Service**

Other questions or comments regarding this product should be directed to:

Customer service: 866-728-7833

Web Site: [www.MyTeenSavers.com](http://www.MyTeenSavers.com)

e-mail: [support@MyTeenSavers.com](mailto:support@MyTeenSavers.com)

**Date Mailed:** \_\_\_\_\_

**Affix specimen ID number here:**



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